

SPRING MENU – March, April & May 2024

WEEK 1	3/25 4/22 5/20	3/26 4/23 5/21	3/27 4/24 5/22	3/28 4/25 5/23	3/1 3/29 4/26 5/24
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Toasted Oats Fresh Oranges Organic Milk	Whole Grain Pancakes* w/ Applesauce Fresh Pineapple Organic Milk	Mini Bagels Cream Cheese Fresh Apples Organic Milk	WG Biscuits* Chicken Sausage V – Fresh Eggs Fresh Oranges Organic Milk	Blueberry Muffins Fresh Honeydew Organic Milk
Lunch	Chicken Sliders Whole Grain Rolls* V – Veggie Burger Tomato Ketchup Green Beans & Cauliflower Fresh Apples	Turkey Tacos Whole Grain Tortillas* V – Salsa Veggie Crumbles Peas & Carrots Fresh Bananas	WG Crispy Chicken Tomato Ketchup V – Veggie Bites Broccoli & Yellow Beans Fresh Cantaloupe	Whole Grain Rotini Roasted Tomato Sauce Chicken Sausage V – Organic Tomato Tofu 4 Veggie Blend Fresh Pineapple	Whole Grain* Garlic Bread Pizza Green Beans Diced Carrots Fresh Fruit Salad
Snack	Soft Pretzels String Cheese Water	Kids Mix Fresh Pears Water	Cheddar Goldfish Organic Milk	Graham Squares* Fresh Bananas Water	Club Crackers Fresh Apples Water
WEEK 2	3/4 4/1 4/29 5/27	3/5 4/2 4/30 5/28	3/6 4/3 5/1 5/29	3/7 4/4 5/2 5/30	3/8 4/5 5/3 5/31
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Corn Chex Fresh Oranges Organic Milk	English Muffins Scrambled Eggs Fresh Pineapple Organic Milk	Whole Grain French Toast Sticks* Chicken Sausage V – Fresh Eggs Fresh Apples Organic Milk	Toasted Oats Vanilla Yogurt Fresh Oranges Organic Milk	Apple Spice Muffins Fresh Cantaloupe Organic Milk
Lunch	Whole Grain Mac and Cheese Broccoli & Yellow Beans Fresh Apples	Chicken Meatballs in Brown Gravy V – Tofu in Gravy Whole Grain Rolls* Peas & Carrots Fresh Bananas	Turkey Burger w/ Cheese V – Veggie Burger Fresh Buns & Ketchup Green Beans & Cauliflower Fresh Honeydew	WG Chicken Bites* Tomato Ketchup V – Veggie Bites 4 Veggie Blend Fresh Pineapple	Whole Grain Bean & Cheese Burrito Green Beans Diced Carrots Fresh Fruit Salad
Snack	Mini Naan Bread American Cheese Water	Cheddar Goldfish Fresh Pears Water	Mini Bagels Cream Cheese Organic Milk	Animal Crackers Fresh Bananas Water	WG Wheat Crackers* Fresh Apples Water
WEEK 3	3/11 4/8 5/6	3/12 4/9 5/7	3/13 4/10 5/8	3/14 4/11 5/9	3/15 4/12 5/10
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Shredded Mini Wheats Fresh Oranges Organic Milk	Whole Grain Pancakes* w/ Applesauce Fresh Pineapple Organic Milk	Homemade WG Granola* Vanilla Yogurt Fresh Apples Organic Milk	Whole Grain Waffles* w/ Pear Puree Fresh Oranges Organic Milk	Lemon Poppy Muffins Fresh Honeydew Organic Milk
Lunch	Whole Grain Cheese Tortellini In Garlic & Herb Oil Green Beans & Cauliflower Fresh Apples	Southwest Chicken White Rice Bowl V – Organic Tofu Peas & Carrots Fresh Bananas	Chicken Meatballs in Brown Gravy V – Tofu in Gravy Whole Grain Rolls* Broccoli & Yellow Beans Fresh Cantaloupe	Chicken Fajitas Whole Grain Tortillas V – Tofu Fajitas 4 Veggie Blend Fresh Pineapple	Chicken Alfredo Whole Grain Rotini V – Tofu Alfredo Green Beans Diced Carrots Fresh Fruit Salad
Snack	Ritz Crackers String Cheese Water	Mini Bagels Cream Cheese Fresh Pears	Soft Pretzels American Cheese Water	Graham Squares* Fresh Bananas Water	Kids Mix Fresh Apples Water
WEEK 4	3/18 4/15 5/13	3/19 4/16 5/14	3/20 4/17 5/15	3/21 4/18 5/16	3/22 4/19 5/17
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Rice Krispies Fresh Oranges Organic Milk	Whole Grain Waffles* w/ Applesauce Fresh Pineapple Organic Milk	Mini Bagels Cream Cheese Fresh Apples Organic Milk	Whole Grain Biscuits* Chicken Sausage V – Fresh Eggs Fresh Oranges Organic Milk	Cinnamon Roll Muffins Fresh Cantaloupe Organic Milk
Lunch	Whole Grain Bean & Cheese Burrito Broccoli & Yellow Beans Fresh Apples	Turkey Burger w/ Cheese V – Veggie Burger Fresh Buns & Ketchup Green Beans & Cauliflower Fresh Bananas	WG Chicken Bites* Tomato Ketchup V – Veggie Bites Peas & Carrots Fresh Honeydew	Stir-Fry Chicken WG Brown Rice* V – Asian Tofu 4 Veggie Blend Fresh Pineapple	Chicken Marinara Whole Grain Penne V – Veggie Crumbles Green Beans Diced Carrots Fresh Fruit Salad
Snack	WG Wheat Crackers* American Cheese Water	Animal Crackers Fresh Pears Water	Toasted Oats Vanilla Yogurt Water	Mini Croissant Fresh Bananas Water	Club Crackers Fresh Apples Water

- **Organic Plain Milk SERVED WITH ALL LUNCHES - Menu provided by Food2You –**
- **Water available to children at all times - (*) denotes item is Whole Grain (WG) v.1.0 This menu has been reviewed by Betsy Sejud, MHA, RD, LD**